

Help is just a phone call away

If your business would benefit from our services, call EmPower CTC at
507-292-1379

Our staff will verify your insurance benefits and seek any necessary Pre-authorization when you call.

**EmPower
CTC**

Comprehensive Treatment Center

(a division of Dunatos, Inc.)



DeWitz Plaza
602 11th Avenue NW #300
Rochester, MN 55901
Phone: 507-292-1379
Fax: 507-289-4524
Toll Free: 1-800-582-6002
www.empowerctc.com

Our Philosophy

EmPower CTC will offer a complete range of treatment options helping individuals and businesses to become all they can be. We believe that all individuals, given encouragement and education, are capable of moving toward a more fulfilling life free of self limiting behavior. In view of this, our services will be psycho-educational in nature; we utilize education, motivational interviewing, encouragement, therapeutic intervention and skill building. We strive to demonstrate a clear belief that each individual can change if they choose. We further believe that each person we assist has a unique set of issues to address in the process of maximizing their potential. We strive to match the array of services we offer to the unique individual needs of each person we serve.

Who Can Benefit??

Alcohol, Drugs and Stress In the Workplace: EmPower CTC has developed a three hour seminar on observation, awareness and skills of assisting your employees cope with maladaptive behaviors and fear in the workplace. Who would benefit from this program: business owners, supervisors, managers, department heads, educators, team leaders, human resource professionals, church leaders, and anyone involved in motivating and guiding those in the workplace. EmPower CTC can also bring the seminar to your business or you can attend a seminar at our facility. If interested you can call our office at (507) 292-1379 and ask for Steve or Ron.

Drugs, Alcohol and Stress

Help for the Workplace



Service of

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Empowering individuals, families and organizations to effect change and live fulfilled lives.

Your Greatest Strength Can become Your Biggest Weakness

The greatest investment you can make in your company are the people who work in it. Often times however, that investment is less than effective due to the use of drugs, alcohol and the issue of co-related mental health issues.

Did you know?

- Alcohol and drug abuse cost the economy over \$250 billion a year.
- Drug and alcohol abuse has an impact on productivity, accident rates, turnover and absenteeism.
- More than 14% of Americans that are employed report heavy drinking.
- More than 73% of current drug users 18 and over are employed.
- Non-using members of alcoholic's families use ten times as much sick leave as members of families in which alcoholism is not present.

In other words, everyone loses.....



Programs and Services

EmPower CTC understand the impact of addictive behavior on lives the lives of their loved ones and the success of the business. We can provides a fresh look at alternatives for a safer and happier and more productive work environment.



Issues addressed:

- What are the common signals of problems.
- What is the impact on co-workers
- How do you approach an individual with chemical or mental health issues.
- Supporting an employee and staying on the business plan.
- Seven key behaviors to observe. Determining the "hassle factor"
- Identifying your critical success variables
- Measuring impact
- Action plan specific to you and your business.

Services include:

- 1 Chemical health assessments.
- 2 Anger and violence potential assessments.
- 3 Critical incident debriefings
- 4 Organizational Need assessments
- 5 Chemical health education for managers and front-line workers.
- 6 EAP services
- 7 Group facilitation.
- 8 Drug testing
- 9 Individual treatment.
- 10 Other training services available.

We Can Help!

Get back in the game!

The professional staff at EmPower CTC has over a century of clinical experience, business consulting and effective work with people of all types and ages. Our staff of Licensed Professional Counselors, psychologist, public health nurse and social workers can help your business be a more effective, productive and happier place to be. That in itself will put you ahead of the competition and give an impressive return on your investment.



For further information or to schedule a organizational needs assessment call:

EmPower CTC

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Executive Coach

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