

When was the last time you had significant problems:	Past month/ current	2-12 months ago	1+ years ago	Never
a. with feeling very trapped, lonely, sad, blue, depressed, or hopeless about the future?	3	2	1	0
b. with sleep trouble, such as bad dreams, sleeping restlessly or falling asleep during the day?	3	2	1	0
c. with feeling very anxious, nervous, tense, scared, panicked or like something bad was going to happen?	3	2	1	0
d. with becoming very distressed and upset when something reminded you of the past?	3	2	1	0
e. with thinking about ending your life or committing suicide?	3	2	1	0
When was the last time that you did the following things:	Past month/ current	2-12 months ago	1+ years ago	Never
a. lied or conned to get things you wanted or to avoid having to do something?	3	2	1	0
b. had a hard time paying attention at school, work or home?	3	2	1	0
c. had a hard time listening to instructions at school, work or home?	3	2	1	0
d. were a bully or threatened other people?	3	2	1	0
e. started physical fights with other people?	3	2	1	0